



Power Play Hockey Camps at the Ashburn Ice House

Power Play Hockey Camps are designed to develop the fundamental skills of skating, passing, shooting, checking, and stick handling. Exciting on ice drills contain a high level of instruction and repetition to get the most out of all participants. Our camps are designed and run by a highly motivated and experienced staff of individuals that include current and former NCAA players and prospects.

Lead instructors include Troy MacCormick (Director of Hockey for the Ashburn Ice House and Ashburn Xtreme Hockey Club) who has an extensive playing and coaching background at the NCAA level in addition to his professional playing career. Wendy Marco, considered one of North America's most innovative hockey skating coaches, runs all of our power skating programs. Wendy's speaking and engagements include being a featured presenter at both the first and second International Hockey Skating Symposiums in Detroit, MI (2003 and 2005).

Players will work hard, learn new ways to improve their game, and have fun.

You can register at www.ashburnice.com or contact Troy MacCormick by email at tmaccormick@ashburnice.com or by phone at 703-858-0300 x231 to hear about our multiple camp discounts.

Camps run June 22 through September 4.